



Hanover Township Recreation

TRI-HARDER!

KIDS TRIATHLON!!!

Hanover Township Recreation is hosting its second Tri-Harder Kids Triathlon in Hanover Township on June 23rd, 2018. The goal for this friendly, fun, and non-competitive event is to encourage physical activity and to enjoy the outdoors. Registration is \$15 and forms can be picked up at the Recreation Department located at:

15 North Jefferson Road Whippany, NJ 07981

Phone: 973-428-2463

All registration is due by June 15th

NO REGISTRATION will be taken the day of the event!

Check-In will be between 8:00am-8:30am

The Triathlon starts promptly at 8:30am



Swim



Bike



Run

<u>Ages</u>	<u>Swim</u>	<u>Bike</u>	<u>Run</u>
4 to 6	25 Yards	1/2 Mile	1/4 Mile
7 to 8	25 Yards	1 Mile	1/2 Mile
9 to 10	50 Yards	2 Mile	1/2 Mile
11 to 12	75 Yards	2 Mile	1 Mile
13 to 14	100 Yards	2 Mile	1.5 Mile

*Please bring your bike, helmet, swim suit, towel, goggles, sneakers, socks, and sunscreen.