

Help for Local Seniors

If you are a Morris or Upper Passaic* county resident over age 60 or a caregiver for an elderly person, NewBridge SAIL (Senior Assistance for Independent Living) can help.

We provide links to:

- ◆ **Home health aides**
- ◆ **Transportation**
- ◆ **Shopping assistance**
- ◆ **Adult day care**
- ◆ **Procurement of benefits**
- ◆ **Legal counseling**
- ◆ **Nutrition programs**
- ◆ **Counseling**
- ◆ **Medication management**
- ◆ **Form completion**
- ◆ **Home repairs**
- ◆ **Hospice**

To learn more, call 973-839-2520 and ask to speak with a NewBridge SAIL case manager.

*NewBridge serves West Milford through Wayne in Upper Passaic County.

NewBridge Services is a nonprofit provider of behavioral health and education programs and services.

For more information, visit us at www.newbridge.org.



*Helping People
Move Forward*

Everybody needs a hand once in a while.

Caregiving Services



by **NewBridge**

Caregiver services enable loved ones to:

- ♦ run errands
- ♦ take a few moments for themselves
- ♦ gain emotional balance amidst the caregiving responsibilities
- ♦ get advice and counsel on coping with issues

This program is **free of charge** to Morris County families and available to those who cannot afford alternate caregiver services.

Call today– toll-free (888) 746-9333.

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