



**TOWNSHIP OF HANOVER  
BOARD OF HEALTH**

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**INFORMATION FOR HANOVER TOWNSHIP RESIDENTS ON  
CORONAVIRUS DISEASE 2019 (COVID 19)  
March 9, 2020**

The Hanover Township Board of Health and Health Department, in conjunction with state and federal officials, continues to monitor the current COVID-19 outbreak.

While community spread has been observed in other parts of the country, the Township Board of Health advises residents that the risk of infection to the general public remains low. Current US Centers for Disease Control & Prevention (CDC) guidance indicates that risk of exposure to the virus only remains high for healthcare workers caring for patients with COVID-19, close contacts of persons with COVID-19, and travelers returning from China, Italy, Iran, and South Korea.

Residents are reminded to take simple steps to protect themselves and others from respiratory illness:

- Stay home if you are sick.
- Limit close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Avoid handshakes. Try an elbow bump.
- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Clean and disinfect frequently touched objects and surfaces.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have a tissue, use your sleeve (not your hands).
- Get a flu shot to prevent the flu if you have not done so this season.

As the COVID-19 outbreak evolves, the potential for misinformation exists. As such, the Township Board of Health urges residents to remain informed by visiting the Township Health Department, NJ Department of Health, and CDC COVID-19 websites:

Township Health Department COVID-19 Information:

<http://hanovertownship.com/186/Health-Education-Information>

NJ Department of Health COVID-19 Website:

<https://www.nj.gov/health/cd/topics/ncov.shtml>

US Centers for Disease Control & Prevention COVID-19 Website:

<https://www.cdc.gov/coronavirus/index.html>

For more information, residents can also contact the Township Health Department at (973) 428-2485 or the NJ COVID-19 Information Public Call Center at 1-800-222-1222.